

BOOST YOUR BRAIN WITH CHOCOLATE

WHERE STYLE MEETS SUSTAINABILITY

Naturally,

DANNY SEO®



Let's Do This!

Plus
**NEW
FAMILY
FAVORITE
MEALS**

**MEET THE
MARIE
KONDO
OF ZERO
WASTE**

pg. 46

**The Eat
Fresh Issue**

**COOKING WITH
COLLAGEN**

**FREEZER FRIENDLY
DINNERS**

**DELICIOUS IDEAS
FOR LEAFY GREENS**

FRESH BLENDER PEA MINT SOUP! PG 60



Naturally, Brilliant!

In every issue, I slather on, indulge in, spritz, sip, and road test hundreds of eco-friendly products that come across my desk. Maria (and Oprah!) said it best: These are a few of my favorite things! By DANNY SEO

Tea-tastic

This organic turmeric tea is infused with black pepper (to activate the turmeric), lemon, cardamom, and sarsaparilla. A cup a day will help you embrace that well-being feeling. \$13.99; smithtea.com



Moment of Zen

Treat yourself (and calm your mind) with a living bonsai tree. It comes straight to your door, beautifully potted and ready to live on your desk or nightstand. Green and serene—we're all in for that. \$59.99; plants.com



Sweet & Spicy

You're going to have to trust me—you need this right now. Raw Georgia honey infused with hot habanero peppers. It's ridiculously delicious on everything. \$30 for pack of three; redclayhotsauce.com



Best Bottle

It's a foam roller. It's a water bottle. And the functions are married into one chic "why didn't I think of that" product. Stretch, hydrate, repeat! \$59.99; mobot.com



Compost King

When the pros at making blenders come out with a food recycler, you pay attention! The FoodCycler from Vitamix takes your scraps—fruit cores, peels, even chicken bones—and turns them into vitamin-rich compost right on your kitchen counter. \$349.95; vitamix.com

Hair Raiser

We love this clean shampoo for giving hair a boost. But we love it even more because you won't find any of the more than 1300 ingredients banned by the European Union. \$11.99; odelebeauty.com

**Dream Weavers**

These handmade wares check every box on our fave list: functional, fashionable, and totally Fair Trade. Founded by musician Gregory McCarthy, the Baba Tree Basket Company (babatree.com) works with local craftspeople in Ghana to produce gallery-worthy baskets, totes, and more. Meet your artisan when you shop online!

**Rosé All Day**

At last! You can pop the top on a refreshing and crisp organic rosé in a single-serving can! \$34 for a 6-pack; drinkbesa.com

**Black Magic**

The world-famous Ranch Malibu uses this activated charcoal (from lava) and black sea salt (from the Pacific Ocean) to give guests essential minerals and help aid digestion. They swear it's delicious on fruit. \$16; theranchmalibu.com

**Personal Care**

This cozy pillow can be heated or cooled to give you exactly what you need for the perfect sleep year-round. Bonus: They're made with eco-friendly recycled materials, too. \$60; store.moma.org

**Sweetly Scented**

Here's a less sinful way to enjoy a sweet treat from the cult favorite Salt & Straw ice cream chain: a waffle-cone candle! Be patient though—there's a wait-list, of course. \$30; saltandstraw.com



Terrific Trio

This is a fun and functional housewarming gift—and part of the proceeds support the National Parks Conservation Association (launching in May). \$36; ursamajorvt.com

**Striking Oil**

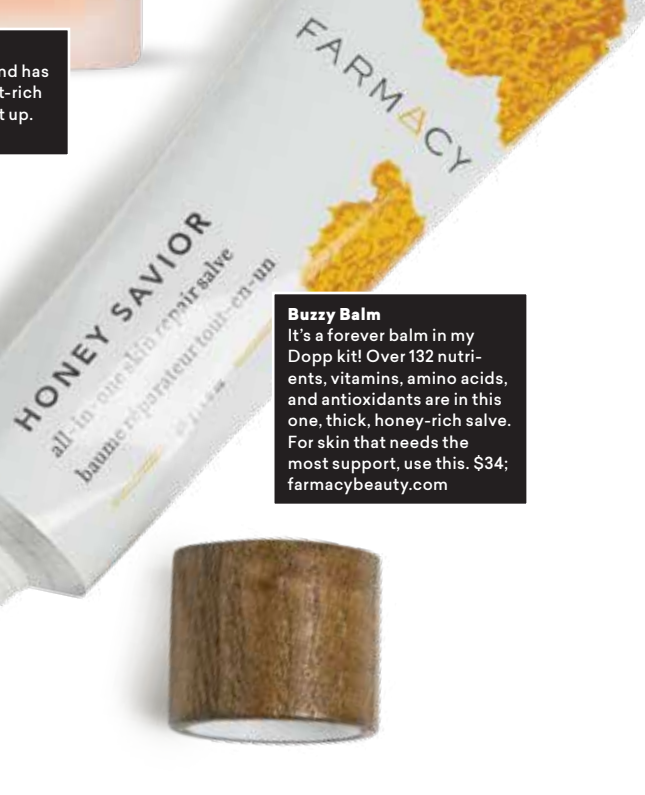
This new, clean K-Beauty brand has a real winner—this antioxidant-rich facial oil. Your skin will drink it up. \$40; schwanengarten.com

Perfect Pasta

Gluten free and delicious? Jovial Foods new organic cassava pasta is perfect for everyone. \$4.99; jovialfoods.com

**Latte Love**

Powerful, adaptogenic herbs like turmeric, ashwagandha, astragalus, and pine pollen are mixed with all the right spices. Whip it up with some almond milk to get your glow on. \$40; joya.ca

**Buzzy Balm**

It's a forever balm in my Dopp kit! Over 132 nutrients, vitamins, amino acids, and antioxidants are in this one, thick, honey-rich salve. For skin that needs the most support, use this. \$34; farmacybeauty.com

Shine On

Here's a bright idea: Old fishing nets are recycled to make the nylon for these chic Italian-made sunnies. They also offer full UVA/UVB protection and come in a wide array of colors. \$129; karunworld.com

